



A Willow Brook Friday!

We're starting to get that Friday feeling... Here are some more ways to be active and full of thoughts in the style of a Willow Brook working day.

9 am

If you like to wake up at a steady pace, tune in to your book or go to BBC Bitesize and 'pick a podcast'.

Mr Jones worked out a circuit for a morning run if something energetic was more your thing at 9am. (see his post in Class 2 on the website) He is currently doing a challenge to see how far he can run in 19 minutes. How far can you go?

9.30 Assembly

This week my assembly spot was highjacked! Log on to the website and see the envelope I received in school yesterday and a section of the lovely people who passed a message on.

I have a small story to tell, but I'll save that for one day next week.

10am Singing

Log in to your very own 'Sing Up'

<https://www.singup.org/singupathome>

Baby Beluga is the song of the week. I've always avoided introducing this song in school for fear of not being able to tolerate your out of control whale and sea imitations, but you have the freedom of your lounge so...go for it!

If you know the film 'Brave' then you'll be able to join in with *Touch the Sky* in the Empowering Section.



Three Little Birds is in the 'Relaxing' section – it's a perfect song to learn in current climes.

You must know your way around the Singup site now – pick a good song to finish the session with!

11. My World Harry Potter spent a happy evening in front of the Mirror of Erised. It showed him the deepest desires of his heart. Sit in front of your own Erised mirror. What do you see? You can write or draw but think deeply before you start.

12. Lunch Mrs Hollingshead made us turkey meatballs and spaghetti yesterday. I know they you are all becoming amazing chefs – what's been your best masterpiece in the kitchen this week?

1.30pm Design The National Galleries of Justice in Nottingham have taken part in the National Create to Connect Challenge today. They challenge you to *'carve, sculpt or make a self portrait out of recycled materials... ie something you have to hand. Masking tape, playdough, soap, newspaper, whatever inspires you.'*

The most unusual portrait I have ever seen was in the Royal Academy Summer Exhibition... it was on a slice of toast!



Take a photo of your portrait and we will make a Willow Brook gallery

Should this task not grab you, yesterday was 'Thank a teacher day'. Why not craft a card and post it to your teacher?

3.30pm It's half term! Time for a break from school. Even a virtual world needs a rest. Whilst you will not be receiving work from your teacher next week, there's still plenty to learn and do. If you get a moment, look back over the Willow Brook Friday posts and see if there's anything you've missed.